

## Personal Mission Statement



**Brainstorm your ideas. Get everything on paper.**

Spend some time thinking about who you are. These questions will help:

- What are your values?
- What are your principles?
- What do you believe is important?
- Who has inspired you? Do you have qualities similar to those people?



**Write a list of these qualities and rank them.**

- What are the big events that impacted your life? Reflect on these big moments and the lessons you learned from them.

What do you love about your life? Your work? Your family, friends, and other relationships?



**Write a list of these things and rank them.**

- When are you at your best? Your worst?
- What would you like to improve about yourself?
- What would you like to share with others?



**Write three goals for your career and rank them.**

- If you had unlimited resources and unlimited time, what would you choose to do?
- What promises would you make to yourself?



**Write three promises to yourself.**

## Personal Mission Statement



### Now Write Your Mission Statement

You should have enough information about yourself now to write your mission statement. You may follow one of these formats if you find it is helpful!

#### Template One

My mission is to use my [passion/abilities/positive personality traits] to achieve [your goals], based on my [principles/values].

#### Template Two

My mission is to be known by [passion/abilities/qualities you wish to develop], as someone who follows the right [principles/values] to achieve [your goal].

These are suggested, not set in stone so if you prefer to create your own format, it's your mission statement so go for it!



### Review

Read your mission statement to yourself today several times. Read it before you go to sleep tonight. Then read it again in the morning. Does it still ring true to you? If not, revise it. If it does, then it's yours. Memorize and own it!